



Grounded and Connected

January 23, 2023

2023: The Year of Living Fruitfully: Sowing | Serving | Reaping John 15: 1-8, 16

Habakkuk: During the last week of the month of Habakkuk, as we focus on fasting and intercessory prayer, I encourage to intercede for the impossible. God specializes in what appears to be impossible. Trust God to do what He alone can do. Review these seemingly impossible situations and recall how God can respond to fasting and prayer if we would only trust Him to do the impossible!

Esther 4:13-17

13 And Mordecai told them to answer Esther: "Do not think in your heart that you will escape in the king's palace any more than all the other Jews. 14 For if you remain completely silent at this time, relief and deliverance will arise for the Jews from another place, but you and your father's house will perish. Yet who knows whether you have come to the kingdom for such a time as this?" 15 Then Esther told them to reply to Mordecai: 16 "Go, gather all the Jews who are present in [a]Shushan, and fast for me; neither eat nor drink for three days, night or day. My maids and I will fast likewise. And so I will go to the king, which is against the law; and if I perish, I perish!" 17 So Mordecai went his way and did according to all that Esther commanded him.

2 Chronicles 20:1-5

It happened after this that the people of Moab with the people of Ammon, and others with them besides the Ammonites, [a] came to battle against Jehoshaphat. 2 Then some came and told Jehoshaphat, saying, "A great multitude is coming against you from beyond the sea, from [b] Syria; and they are in Hazazon Tamar" (which is En Gedi). 3 And Jehoshaphat feared, and set [c] himself to seek the LORD, and proclaimed a fast throughout all Judah. 4 So Judah gathered together to ask help from the LORD; and from all the cities of Judah they came to seek the LORD.

Mon, 23 rd	Anchored to Women - 7pm via Zoom https://us02web.zoom.us/j/83008028853?pwd=UXN6QU9HRUZxYWZLL3FFeGVURHV5Zz09 Meeting ID: 830 0802 8853 Passcode: 362941
Sat., Jan 28 th	SALT Movie Event: Left Behind—Rise of the Anti-Christ 3:00 Contact Rev and Sis. Harvey
Tues, 31 st	Class Leaders Meeting @ 6pm via Zoom https://us02web.zoom.us/j/81066918946?pwd=d25jUULiWW1GdnRzRE5JZlpOcXJTQT09 Meeting ID: 810 6691 8946 Passcode: 275055 Dial in: 301 715 8592



Gaines Chapel AMEC

Grounded, Growing and Glorifying God

Grounded and Connected January 23, 2023

February is...

Black History Month

Since 1976, every American president has designated February as Black History Month and endorsed a specific theme. The Black History Month 2023 theme, "[Black Resistance](#)," explores how "African Americans have resisted historic and ongoing oppression, in all forms, especially the racial terrorism of lynching, racial pogroms and police killings," since the nation's earliest days.

2023 THEME

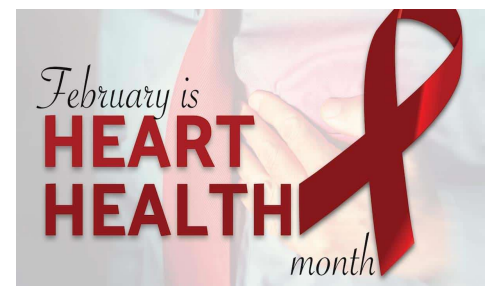
2023 – Black Resistance

African Americans have resisted historic and ongoing oppression, in all forms, especially the racial terrorism of lynching, racial pogroms, and police killings since our arrival upon these shores. These efforts have been to advocate for a dignified self-determined life in a just democratic society in the United States and beyond the United States political jurisdiction. The 1950s and 1970s in the United States was defined by actions such as sit-ins, boycotts, walk outs, strikes by Black people and white allies in the fight for justice against discrimination in all sectors of society from employment to education to housing. [Read more...](#)

February is...

Heart Health Month. Focusing on your heart health has never been more important.

- **Heart disease is the leading cause of death in the United States.** But you can do a lot to protect your heart. [Learn more about heart-healthy living.](#)
- **Prioritizing your heart can help you avoid severe illness.** People with poor cardiovascular health are also at increased risk of severe illness from COVID-19. [Learn how COVID-19 affects your heart.](#)





Gaines Chapel

AMEC
Grounded, Growing and Glorifying God

Grounded and Connected January 23, 2023

FEBRUARY 2023 – BLACK HISTORY MONTH/HEALTH AWARENESS

Sunday, 5 th	Please submit dates due to Rev. Tonya/Sis. Linda by today – Revtonya2010@live.com & lharvey0909@yahoo.com
Monday, 6 th	Steward Board Meeting 6PM via Zoom Trustee Board Meeting 7PM via Zoom
Monday, 13 th	Anchored to Women – 7pm via Zoom https://us02web.zoom.us/j/83008028853?pwd=UXN6QU9HRUZxYWZLL3FFeGVURHV5Zz09 Meeting ID: 830 0802 8853 Passcode: 362941
Every Wed until 22 nd	Bible Study via Zoom https://us02web.zoom.us/j/85663083282?pwd=Nlc2V2hsRXZzZzFDZkpSam5tV2RBdz09 Meeting ID: 856 6308 3282 Passcode: 385916
Thursday – Friday 16 th – 18 th	Hybrid Founders Day/ Mid-Winter Mtg. Reid Temple AME Church - More information coming
Thursday, 16 th	Senior Moments @ 12 noon via zoom https://us02web.zoom.us/j/84555369867?pwd=bFpRME9MTk9Lclhqa2xzN0cxV1ZpZz09 Meeting ID: 845 5536 9867 Passcode: 049821
Saturday, 18 th	Anchored to Men -12 NOON https://us02web.zoom.us/j/86065414575?pwd=cmtGaitjMIJYU2IsT0E0dnNnNHRqdz09 Meeting ID: 860 6541 4575 Passcode: 916985
Monday, 20 th	Y.E.S. Bible Study via Zoom @ 8pm https://us02web.zoom.us/j/87226613465?pwd=TGpJUmZwRlI3Nkr3WXVzMktlVlZVUT09 Meeting ID: 872 2661 3465 Passcode: 752429
Wednesday, 22 nd	Ash Wednesday Service via Zoom/In person and Virtual @ 7pm https://us02web.zoom.us/j/84677148260?pwd=UmNxbFp3aTVXZEkdDNyUnAxa2ISQT09 Meeting ID: 846 7714 8260 Passcode: 217888
Friday, 24 th	YES Ministry – Youth ZOOM Party – Black History Month
Tuesday, 28 th	Class Leaders Meeting @ 6pm via Zoom https://us02web.zoom.us/j/81066918946?pwd=d25jUUliWW1GdnRzRE5JZlp0cXJTQT09 Meeting ID: 810 6691 8946 Passcode: 275055 Dial in: 301 715 8592